

**Παγκύπριοι Αγώνες Καλλιτεχνικού Πατινάζ  
«Ανδρέας Γεωργιάδης»  
Cyprus National Skating Championships  
“Andreas Georgiades”**

**May 6<sup>th</sup> 2023**



**MYMALL – Limassol, Cyprus**

**ANNOUNCEMENT / INVITATION**

Competition for Single Skaters and Ice Dance

(Senior, Junior, Advanced Novice –Intermediate Novice,  
Basic Novice, Cubs, Chicks, Adult Skating, Beginners-  
Show)

Organized by  
Cyprus Skating Federation

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## **1. GENERAL REGULATIONS**

The competition will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Special Regulations & Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022 and Technical Rules for Figure Skating as well as pertinent ISU Communications.

Participation in Cyprus National Championships 2023 is open to all skaters who have:

- a) Registration Card of the Cyprus Skating Federation**
- b) Athlete's Medical Card issued by the Cyprus Sports Organization.**
- c) For non-Cypriot athletes, is necessary also to present the current Residency Document<sup>1</sup>.**
- d) Insurance. For those skaters, have been already insured by the Cyprus Skating Federation do not need any additional insurance. For skaters, having different insurance, is needed to check if their insurance covers ice skating. If not, they must provide the Insurance Disclaimer Form.**
- e) Declaration Form.**
- f) The above-mentioned documents are necessary for all skaters.**
- g) Skaters who do not meet the above conditions, they can participate as guests. For these Skaters is necessary only the**

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<sup>1</sup>For participation in the National Competition the minimum residence period is 12 months. No provisa or other tourist visa is valid for Residency period. The Residency Period starts from the date of the official document (Residency Permit)

**documents (d) and (e): "Insurance Disclaimer Form" and "Declaration Form".**

## **2. TECHNICAL DATA**

### **2.1 SINGLES**

#### **2.1.1 SENIOR WOMEN AND MEN**

In accordance with ISU Constitution and General Regulations 2022, Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022, as well as all relevant ISU Communications.

##### **SENIOR WOMAN AND MEN**

Short Program: Max 2 min 40 sec+/- 10sec

Requirements according to the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022 and the respective ISU Communications.

Free Skating: 4 min, +/- 10 sec

In accordance with ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022 and the respective ISU Communications

#### **2.1.2 JUNIOR WOMEN AND MEN**

In accordance with ISU Constitution and General Regulations 2022, Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022, as well as all pertinent ISU Communications.

##### **JUNIOR WOMAN AND MEN**

Short Program: Max 2 min 40 sec+/- 10se

Requirements according to the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing2022 and the respective ISU Communications.

Free Skating: 3 min 30 sec +/- 10 sec

In accordance with ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing Rules 2022 and the respective ISU Communications.

#### **2.1.3 ADVANCED, INTERMEDIATE and BASIC NOVICE**

##### **AGE REQUIREMENTS**

##### **ISU RULE 108, paragraph 3**

**1. Basic Novice - has not reached the age of 13**

**2. Intermediate novice – has not reached the age of 15**

**3. Advanced Novice -has reached the age of ten (10) and has not reached the age of 15 for girls (singles/pairs/ice dance and boys single skating and age of seventeen (17) for boys pair/ice dance**

**Competition will be held in accordance with ISU Communication No.2489 last update July 27,2022)**

### **ADVANCED NOVICE GIRLS AND BOYS**

Short Program: Max 2 min 20 sec(+/-10 sec)

Free Skating: 3 min (+/-10 sec)

### **Technical Requirements for Basic Novice Competitions Single Skating:**

#### **Boys**

The Short Program for Boys' Single Skating shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump, may not repeat jump a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b)
- d) **SIT spin** (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance.
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence fully utilizing the ice surface.

#### **Girls**

The Short Program for Girls' Single Skating shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump, may not repeat jump a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b)
- d) **Layback/sideways leaning spin or sit spin in one basic position with no change of foot (minimum six (6) revolutions). No flying entrance**

e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.

f) One step sequence fully utilizing the ice surface.

Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value.

If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

## **Boys and Girls**

### **A well-balanced Free Skating program for Singles Boys and Girls must contain:**

a) Maximum of 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or 1 jump combination and one jump sequence. ONE jump combination or jump sequence can consist of up to (3) jumps, the other up to (2) jumps. A jump sequence consists of 2 (two) or (3) jumps of any number of revolutions, in which the second and /or the third jump is an Axel type jump, with direct step from landing curve of the first/second jump in to the take off curve of the Axel jump. Only two (2) triple jumps can be repeated either in a jump combination or a jump sequence. No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

### **Levels explanations:**

For Advanced Novice Single Skating, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

### **Levels explanations:**

For Advanced Novice Singles, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- **Composition**
- **Presentation**
- **Skating Skills**

**The factor for the Program Components is**

**a) Short Program**

- for boys **1,20**
- for girls **1,07**

**b) Free Skating**

- for boys **2,40**
- for girls **2,13**

### ***2.1.4 INTERMEDIATE NOVICE***

**Competition will be held in accordance with ISU Communication No.2489**

**Free Skating:**

Girls and Boys: 3 min (+/- 10 sec.)

**Girls and Boys**

**A well-balanced Free Skating program must contain:**

a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or 1 jump combination and one jump sequence. A jump combination or jump sequence can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.

No triple and quadruple jumps allowed. Any single or double (including Double Axel) jump cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and minimum of eight (8) revolutions or without change of foot minimum of six (6) revolutions. In both spins flying entry is allowed

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

**The Program Components are only judged in**

- **Composition**
- **Presentation**
- **Skating Skills**

The Factor of the Program Components is

- for boys 2.0
- for girls 1.7

**Deductions: 0,5 by fall**

**Levels explanations:**

For Intermediate Novice Singles, in all elements that are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**2.1.5 BASIC NOVICE**

**Competition will be held in accordance with ISU Communication No.2489**

**Free Skating:**

Girls and Boys: 2 min.30 sec (+/- 10 sec)

**Technical Requirements for Basic Novice Competitions Single Skating:**

**A well-balanced Free Skating program must contain:**

a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one jump combination and one jump sequence. Jump combinations can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.

**No triple and quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.**

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.

The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions.



The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six(6) revolutions.

In both spins flying entries are allowed.

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

The Program Components are only judged in

- Composition
- Presentation
- Skating Skills

The Factor of the Program Components is 1,67

**Deductions: 0,5 by fall**

**Levels explanations:**

For Basic Novice, in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

## **2.1.6 YOUNG CATEGORIES**

**CUBS - Girls and Boys born between 01.07.2012 and 30.06.2014**

**CHICKS born 01.07. 2014 and younger**

Free Skating: Girls and Boys 2 min (+/- 10 sec.)

**Girls and Boys**

**A well-balanced Free Skating program must contain:**

a) Maximum of 4 jump elements for Girls and Boys. Axel type jumps allowed. There may be up to two (2) jump combination or sequence. Jump combination can contain only two (2) jumps. Triple jumps are not permitted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total), and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.

c) There must be a maximum:

- for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position. The sequence will have a fixed Base value and evaluated in GOE only.
- for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

The Program Components are only judged in

- Skating Skills
- Performance/execution

The Factor of the Program Components is 2.5

**Deduction: 0,5 by Fall**

**Levels explanations:** For Chicks and Cubs, in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

### ***2.1.7 ADULTS FIGURE SKATING***

**Program duration: max 2 min. and 30 sec.**

**No age and element requirements.**

### ***2.1.8 BEGINNERS - SHOW***

**BEGINNERS:**

Girls and Boys 1 min (+/- 10 sec.)

**No score will be given.**

## ***2.2 ICE DANCE***

### ***2.2.1 JUNIOR***

In accordance with ISU Constitution and General Regulations 2022, Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022, as well as all pertinent ISU Communications.

**JUNIOR WOMAN AND MEN**

Short Program: Max 2 min 40 sec (+/- 10 sec)

Requirements according to the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing 2022 and the respective ISU Communications.

Free Skating: 3 min 30 sec (+/- 10 sec)

In accordance with ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dancing Rules 2022 and the respective ISU Communications.

Score will be provided.

### **3. ENTRIES**

The entries of all athletes must be submitted online:

[https://www.csf.org.cy/?page\\_id=1045&lang=en](https://www.csf.org.cy/?page_id=1045&lang=en)

**Entries should be submitted by the clubs with the PPC Form in word or pdf format and music in mp3 format.**

**For login, the clubs need to use the Username and the Password sent by e-mail. No registration allowed.**

Entries must be accompanied by:

- the official "Cyprus Skating Federation Declaration Form<sup>2</sup>". In case of competitors who are not full of age (under 18), such Declaration must be co-signed by at least one of the parents or other guardian at law and
- Insurance Disclaimer for Competitors<sup>3</sup>.

#### **Entries by Name**

**ONLY ONLINE. Deadline: Wednesday, 3<sup>rd</sup> May 2023, 23:59**

#### **Entry Fees**

€20 per skater for all categories

€10 per skater for Ice Dance

Entry Fees should be paid before the registration through bank transfer. The receipt or payment confirmation must be uploaded with the registration (pdf or jpg format).

|                 |   |
|-----------------|---|
| Bank Name:      | HELLENIC BANK<br>Complete Address of the Bank: Hellenic Bank<br>Public Company Ltd, Corner 200 Limassol Ave. &<br>Athlassas Ave., 2025 Strovolos, Po Box 24747,<br>1394 Nicosia, Cyprus |
| Account name:   | CYPRUS SKATING FEDERATION   |
| Account Number: | 13901 0522 8901   |
| IBAN:           | CY35 005001390001390105228901   |
| Swift code:     | HEBACY2N  |

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<sup>2</sup> Declaration Form must be uploaded online, and the original presented at the accreditation on Friday, May 5th, 2023 at 18:00-19:00.

<sup>3</sup> *Insurance Disclaimer for Competitors* shall not be submitted on-line. Original documents must be presented by the club representative at the accreditation on Friday, May 17<sup>th</sup>, 2019 at 18:00-19:00.

Payment Details:                    Entry Fee and the name of the skater

#### **4. DECLARATION FORM**

All skaters, coaches, club representatives must agree with the Code of Ethics and must provide properly filled up the Declaration Form.

#### **5. INSURANCE/LIABILITY**

It is the sole responsibility of each club participating in the competition, to provide medical and accident insurance for their athletes. Such insurance must assure full medical attendance of the ill or injured person.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage in connection incurred by Competitors and Officials.

It is clear that, athletes who have been already insured by the Cyprus Skating Federation don't need to have any other insurance.

#### **6. MUSIC**

All competitors shall furnish competition music of excellent quality on mp3 format which should be submitted on-line:

[https://www.csf.org.cy/?page\\_id=1045&lang=en](https://www.csf.org.cy/?page_id=1045&lang=en) not later than **03<sup>rd</sup> of May 2023, 23:59**

The files with the music must have the name and surname of the competitor and the skating program as the example:

**costas.andreou-junior.men-SP.mp3<sup>4</sup>**

**costas.andreou-junior.men-FS.mp3<sup>5</sup>**

#### **7. PLANNED PROGRAM CONTENT**

With the entry forms, the "Program Content Sheet" must be submitted online not later than **03<sup>rd</sup> of May 2023, 23:59**

It is mandatory that the **Program Content Sheet** must be filled in precisely by each Skater in English **using the terminology for the elements listed in respective ISU Communication.**

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<sup>4</sup>For the categories: Senior, Junior and Advanced Novice

<sup>5</sup>For all the categories (Senior, Junior, Advanced Novice, Intermediate Novice, Basic Novice, Cubs, Chicks)

## **8. ACCREDITATION**

The official accreditation will be held **ONLY ONLINE. Deadline: Wednesday, May 03<sup>rd</sup> 23:59.**

**All original documents mentioned in paragraph 2** must be presented to the Federation's Representative before **Friday, 05<sup>th</sup> of May, 19:00 (Mrs Larissa Lapshyna, tel.: 96088495)**

## **9. PRESENTATION OF MEDALS**

The first three best placed Competitors in each category will be announced and honored.

## **10. DRAW**

According to the online registration time.

## 11. TIME SCHEDULE

| COMPETITION SCHEDULE                             |               |  |
|--|---------------|--|
| DAY  | TIME          | EVENT  |
| Deadline:<br>Wednesday, 3 <sup>rd</sup> May 2023 | 23:59         | ACCREDITATION - ONLINE                           |
|  |               | DRAW - ACCORDING TO THE ONLINE REGISTRATION TIME |
|  |               |  |
| Saturday, 6 <sup>th</sup> May 2023               | 09:00 – 11:00 | ICE DANCE - RD                                   |
|  |               | SENIOR - SP                                      |
|  |               | JUNIORS - SP                                     |
|  |               | ADVANCED NOVICES - SP                            |
|  |               | ICE DANCE - FD                                   |
|  |               | SENIOR - FS                                      |
|  |               | JUNIORS - FS                                     |
|  |               | ADVANCED NOVICES - FS                            |
|  |               | INTERMEDIATE NOVICES - FS                        |
|  |               | BASIC NOVICES - FS                               |
|  |               | CUBS - FS  |
|  |               | CHICKS - FS                                      |
|  |               | ADULTS FIGURE SKATING                            |
|  |               | BEGINNERS - SHOW                                 |
| Awarding Ceremony (for competitors)              |               |  |
| Awarding Ceremony (Andreas Georgiades Awards)    |               |  |
|  |               |  |

**Time schedule is subject to change!**